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# LONE WORKER SAFETY



## Featured Course: Lone Worker Safety

Working alone presents unique risks that require awareness and preparation. This course teaches employees how to recognize potential hazards, maintain communication, and respond to emergencies when help isn't immediately available. Learn practical strategies to stay safe and confident while working independently.

[Learn More](#)

## Looking Ahead: 2026 Content Development Plan

We're excited to share our finalized 2026 Content Development Plan, built around feedback from our valued partners. This year's lineup includes several highly requested topics designed to meet evolving industry needs.

Thank you to everyone who provided input to help shape our upcoming training content. Stay tuned for course previews in the coming months!

[Course Catalog](#)



## Partner Spotlight: GSI International

We're excited to welcome GSI International to the Safety Made Simple family! We look forward to supporting their commitment to workplace safety through effective training and continuous improvement.

## TAKE 5 - [Worker Fatigue](#)

Long hours and demanding schedules can take a toll on alertness and decision-making. This Take 5 Toolbox Talk highlights the risks of fatigue, including increased injury rates and health concerns, and offers simple steps to improve rest and recovery. Take five minutes to learn how proper sleep, hydration, and healthy habits can help you stay focused and safe on the job.

Want to go deeper? Be sure to check out our full course on [Preventing Worker Fatigue](#) for a more comprehensive look.

Our library of over 100 safety talks can be accessed by your **Safety Made Simple** administrator in the resources section of your company's training portal.

Click [here](#) to check out the full list of available Take 5 topics.

## UPCOMING EVENTS

### November

- Slip, Trip & Fall Prevention Month
- Drowsy Driving Prevention Week
- National Seat Belt Day
- Daylight Savings Time Ends

### December

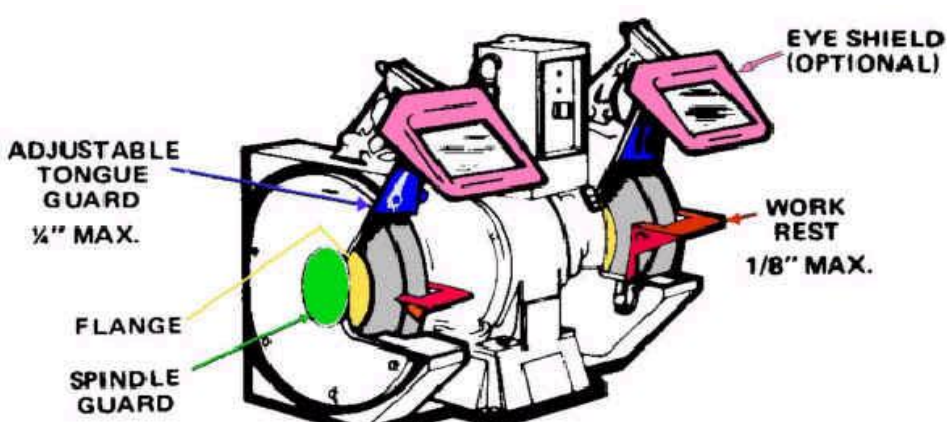
- National Food Safety Month
- Scaffold Safety Month



## Is It Safe?

**No!**

Bench grinder guards must cover the spindle end, nut, and flange, with a maximum 1/4-inch gap between the adjustable tongue guard (spark arrestor) and the wheel. Additionally, the side guards should cover at least 75% of the wheel diameter, and the guard itself must be securely mounted and sturdy enough to withstand a wheel burst. The work rest must be kept adjusted to within 1/8 inch of the wheel. To prevent eye injuries, workers should always wear eye protection when using grinders. Safety glasses used together with a face shield offer the highest level of protection.



## ENCOURAGING WORD

*"The plans of the diligent lead to profit as surely as haste leads to poverty."*

**Proverbs 21:5**

## GET IN TOUCH

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