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### New Course: **Ergonomics for Operations Workers**

This month's featured course, **Ergonomics for Operations Workers**, focuses on improving safety during physical tasks like lifting, shoveling, and pushing or pulling. Learn why ergonomics is critical to preventing injuries, recognize common musculoskeletal disorders and their causes, and discover practical strategies to reduce risks on the job.

[Learn More](#)

### SHARE THE NEWS

Do you know someone who would benefit from receiving our newsletter?

Send us an [email](#) with the full name and e-mail address to add or use the [signup link](#) located at the bottom of our [website](#).

### NEW AND UPDATED COURSES

We continue to update existing courses and release new courses. Click to view our current online course catalog.

[Course Catalog](#)



### SMS Spotlight: **Catrina Taulbert**

With over 15 years of experience, Catrina Taulbert oversees all aspects of post-design activity for Safety Made Simple's courses. Her exceptional attention to detail ensures the seamless management and deployment of the full course catalog. In addition, she handles a wide range of administrative functions, making her an integral part of the SMS team.

### Welcome to the **SMS Family!**

We are excited to welcome our newest partners, **Trillium Farms** and **Sunrise Foods International**, to the Safety Made Simple network. Together, we're committed to advancing safety and training excellence across the industry. We look forward to a successful partnership!



### Join SMS at the **Midwest Ag Safety Leadership Conference**

Safety Made Simple is proud to exhibit and sponsor this year's Midwest Ag Safety Leadership Conference. We're excited to connect with industry leaders and share insights on advancing agricultural safety practices. Don't miss this opportunity to explore new ideas, tools, and resources for improving workplace safety.

[Learn More](#)

### TAKE 5 - **Rigging: Synthetic Web Slings**

Enhance your rigging safety knowledge with this month's "Take 5" on Synthetic Web Slings. Learn how to properly select, inspect, and use synthetic slings while avoiding common hazards like wear, cuts, and improper load handling. Discover essential practices to ensure safe operations and protect both your equipment and team. Take five minutes to prioritize safety today!

Our library of over 100 safety talks can be accessed by your **Safety Made Simple** administrator in the resources section of your company's training portal.

Click [here](#) to check out the full list of available Take 5 topics.

### UPCOMING EVENTS

#### JANUARY

- Happy New Year!
- Midwest Ag Safety Leadership Conference
- National Radon Action Month

#### FEBRUARY

- National Burn Awareness Week
- GEAPS Exchange



## NO WAY!

The quick connect buckle on this harness is corroded. Remember to inspect fall protection harnesses prior to use and remove them from service when showing signs of damage, deterioration, or wear. The inspection should include:

**Webbing** - Look for frayed edges, pulled stitches, cuts, burns, and chemical damage.

**D-Rings/Back Pads** – Check D-rings for distortion and cracks, breaks and rough or sharp edges. The D-ring should pivot freely and be free of damage and wear.

**Attachment Buckles** – Inspect for unusual wear, frayed or cut fibers, and broken stitching on the buckle or D-ring attachments.

**Tongue/Grommets** – Look for loose, distorted or broken grommets.

**Tongue Buckles** – Buckle tongues should be free of distortion. They should overlap the buckle frame and move freely back and forth in their socket.

**Friction and Mating Buckles** – Inspect the buckle for distortion. The outer bars and center bars must be straight.

**Quick Connect Buckles** – Inspect the buckle for distortion. The outer bars and center bars must be straight. Ensure that the dual-tab release mechanism is free of debris and engages properly.

**Fall Arrest Indicators** – Harnesses are equipped with fall indicators that indicate whether the equipment has been subjected to the forces associated with a fall. To learn more about fall indicators be sure to read the user manual provided by the manufacturer.

## ENCOURAGING WORD

*"For I know the plans that I have for you, declares the Lord, plans for welfare and not for calamity to give you a future and a hope."*

*Jer 29:11*

## GET IN TOUCH

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